



NEWSLETTER

WEAVING PEOPLE TO GROW FOUNDATION

HIGHLIGHTS

- **FORB Training for Nurses in Hyderabad, Sindh.**
- **FORB Training for Teachers in Rawalpindi, Punjab.**
- **Children's Free Medical Camp**
- **Community Health Awareness Session**
- **Children's Awareness on Online Protection**
- **Prayer Campaign**
- **WPTGF Sewing Centre for Women and Girls**
- **Sprouting Peaceful Minds through Kitchen Gardening**
- **Youth and Children Scholarship Program**
- **We are open for partnerships and also getting donations for our programs.**

FREEDOM OF RELIGION AND BELIEF (FORB) TRAINING FOR NURSES IN HYDRABAD, PAKISTAN (SDG 16)



Weaving People to Grow Foundation (WPTGF), in collaboration with Empower Women Media (EWM), organized a training on Freedom of Religion and Belief (FoRB) at the National Incubator Center, Hyderabad, Pakistan, with 85 participants in attendance. During the training, participants watched four short films, engaged in group discussions, and reflected on the importance of FoRB in Pakistan. They emphasized that FoRB should be practiced by all individuals to promote social cohesion and peaceful coexistence. Participants also highlighted that all religions teach humility, compassion, and care for humanity and creation. The event featured distinguished speakers, including Mr. Saddam Hussain Chandio Deputy Director of Human Rights Department of Government of Sindh, Mr. Rashid Khan the Member of Provincial Assembly Sindh, Mr. Sabir Hussain Assistant Attorney General of Pakistan High Court of Sindh, Ms. Sheeza Fatima Assistant Director Social Welfare Department, Hyderabad, Sindh.



July
26, 2025



10:00 - 14:00
PM



Venue: Rose Hall, Bahra Mall,
Rawalpindi

Training includes: Four Short Films
Discussion Questions
Reflection Activities
Certificate Completion

Contact Us:

0333-3344444, 0333-3344444
info@wptgfoundation.org
wptgfoundation@gmail.com
info@wptgfoundation.org



FREEDOM OF RELIGION AND BELIEF (FORB) TRAINING WITH TEACHERS IN RAWALPINDI (SDG 16)



A Training for Teachers
Weaving People to Grow Foundation in collaboration with
MCCS College & Empower Women Media invites you to
attend the training:



October
25, 2025



10.00 - 1.00 PM



**Venue: MCCS
College, Lalkurti,
Rawalpindi**



Training includes: Four Short Films
Discussion Questions
Reflection Activities
Certificate Completion

Contact Us:



0333-524888; 0300-5830843



<https://wptgfoundation.org>



SHRIN@EMPOWERWOMEN.MEDIA
WPTGFOUNDATION@GMAIL.COM;
INFO@WPTGFOUNDATION.ORG;

WPTGF in collaboration with EWM conducted a training on Freedom of Religion and Belief on October 25, 2025 with 40 teachers of MCCS College based in Lalkurti, Rawalpindi. The teachers shared their thoughts about FoRB's importance for security, women empowerment and business enhancement in Pakistan. The participants discussed that concept of Freedom of Religion and Belief is immensely important in today's world of growing diversity and interconnectedness. The right to believe or practice one's religion freely without fear of discrimination or violence is more than a matter of personal faith, it is the foundation of peaceful, inclusive, and democratic societies. Ms. Kiran Peter emphasized that the purpose of this gathering is not only to reaffirm our commitment to this fundamental human right, enshrined in Article 18 of the Universal Declaration of Human Rights and the International Covenant on Civil and Political Rights, but also to stand in solidarity with individuals and communities facing marginalization, persecution, or restrictions because of their beliefs or identities.

CHILDREN'S FREE MEDICAL CAMP (SDG 3)







CHILDREN'S FREE MEDICAL CAMP

HEALTH SCREENING

WPTGF in collaboration with IFWA is providing free health screening to the children at WPTGF Non-Formal Education Centre and Community's children.

OUR SERVICE

وقت صحت کے معائنے (قد، وزن، دانت، کان، عمومی معائنے)
بر بچے کے لیے ہیلتھ کارڈ
فوری مشورہ اور ضرورت پڑنے پر ریفرل

PLEASE JOIN US

Date: Friday, September 19, 2025
Time: 9:30a.m. - 11:30a.m.
WPTGF Office, Lalkurti,
Rawalpindi.



CONTACT: +92 3328238866 | website: <https://wptgfoundation.org/>

WPTGF organized a medical camp on September 19, 2025, to conduct health check-ups for children enrolled in the Non-Formal Education Centre. A team of doctors visited our office and examined each child individually. They measured the children's height and weight and carried out hygiene assessments of their ears, teeth, and hair. The results showed that the Body Mass Index (BMI) of most children was below the healthy range, largely due to the poverty their families face, which limits their ability to provide adequate nutrition and proper care.

COMMUNITY HEALTH AWARENESS SESSION (SDG 3)







COMMUNITY'S HEALTH AWARENESS SESSION

WPTGF in collaboration with IFWA is providing health awareness session to the community members residing in Lalkurti.

OUR SERVICE

بچوں کی غذائیت اور صحت مند خوراک
صفائی اور بیماریوں سے بچاؤ کی عادات
حفاظتی ٹیکوں کی اہمیت
عام بیماریوں کی پہچان اور ابتدائی دیکھ بھال
مثبت والدین اور ذہنی صحت پر مختصر بات چیت

PLEASE JOIN US

Date: Saturday, September 20, 2025
Time: 4:00a.m. - 6:00a.m.
WPTGF Office, Lalkurti,
Rawalpindi.



CONTACT: +92 3328238866 | website: <https://wptgfoundation.org/>

WPTGF in collaboration with IFWA and One Health Medical Service conducted an awareness session for the parents of non formal education centre's students. The session enabled parents to understand how they can take care of their children's health by giving them balanced diet and practicing principles of hygiene at homes. The parents were provided multi vitamins syrup and a bag of flour as token of appreciation to attend this session.

CHILD PROTECTION CLUB AWARENESS SESSION ON ONLINE PROTECTION (SDG 16)



WPTGF in collaboration with Saanjh Preet conducted an awareness session with its Child Protection Club (CPC) on October 9, 2025 at WPTGF Office. The club is comprised up of 12 children and youth between the age group of 10 to 18. A total of 25 children attended the session. The role of this club is to make the children of their neighborhood aware on online child exploitation and how to protect themselves from cyber bullying, online predators and frauds. The session was conducted by Child Protection and Welfare Bureau to enable children to understand the problems related to using mobile or digital applications but it is also the demand of the present day. Therefore, children need to learn how to protect themselves from online bullying, harassment and exploitation. The children appreciated the session a lot.

PARENT TEACHER MEETING OF NON-FORMAL EDUCATION CENTRE (SDG 4)



WPTGF held a Parent-Teacher Meeting on October 10, 2025, for the parents of children enrolled in its Non-Formal Education Centre. The centre currently has 35 students, and we are pleased to report that all performed well in their recent assessments. Parents were encouraged to support their children's learning by ensuring timely attendance and helping them complete homework at home. Since many parents rely on their children for income, they were advised to be patient and allow their children to complete their education and develop fully, which will benefit the entire family in the long run. Parents were also guided to improve their children's nutrition, as many students were observed consuming processed snacks in the morning, contributing to poor nourishment.

WPTGF is committed to the educational and holistic development of children because meaningful, long-term change begins with investing in the youngest members of society. When children are provided with quality education, emotional support, proper nutrition, and a safe learning environment, they grow into confident, skilled, and responsible individuals. These children then become empowered youth and, ultimately, adults who contribute positively to their families, communities, and society at large.

Pray for Peace in Pakistan, Japan and Indonesia (SDG 16)



WPTGF in collaboration with Families for Pakistan participated in a campaign for the promotion of peace and harmony in families based in Pakistan, Japan and Indonesia. A total of 180 children, youth and women participated in the campaign which started from September 21 to October 30, 2025. The activity was conducted under the thematic area Church and Community Development. The prayer meetings were conducted in FGA church Mohallah Raja Sultan, Bride of Lamb Church Adiyala, St. Joseph School Mughalabad, WPTGF Non-Formal Education Centre and Jaculine Academy. The women, youth and children appreciated the campaign and expressed their interest to participate again.

WPTGF Sewing Centre for Women and Girls (SDG 8)



PLEASE VISIT US

Simple Suit: PKR 800, Designing Suit: PKR 1200

Sewing Classes: Monday-Friday, 11a.m. -1p.m.

WPTGF Office - Lalkurti, Rawalpindi
03325929598

<https://wptgfoundation.org/>



WPTGF is running a Sewing Centre for underprivileged women and girls to enable them to learn sewing and stitching by attending a 6-months course. A fashion designer with 25 years of experience in this field has been hired. The classes are held from Monday to Friday from 11a.m. to 1p.m. We are training 10 women in the sewing and stitching skills at present, they feel happy to come to the centre, meet, talk and learn.

Currently, the admissions are open for the sewing centre. Please contact +923325929598 for admissions.

We also stitch women and girls suits and sarees in low prices, please contact us if you would want to get your suits or Sarees stitched.

Besides, learning the skills the girls also get peace education and learn how to resolve conflicts at household level and community level. We believe women are important because they have very close connection with their children as birth givers and bringing them up. Women can transform the mindsets of their family members and children to promote peace in their surroundings.

Please visit us on our instagram page on [WPTGF Boutique](#)

SPROUTING PEACEFUL MINDS THROUGH KITCHEN GARDENING (SDG 13)



WPTG Foundation initiated “Sprouting Peaceful Minds through Kitchen Gardening” project in December 2023 in collaboration with REEDs (organization). A total of 94 households were mobilized on initiating and maintaining their kitchen garden as it will improve the quality of air with greater amount of oxygen in the air. It will also reduce growing food insecurity in Pakistan.

WPTGF conducted a monitoring visit in June 2024 and women have reported that Kitchen Gardening has reduced their grocery bill and also helped them to have good mood because they remain busy in taking care of the plants. This project is also helping the care takers of kitchen gardens to lessen their depression.

YOUTH AND CHILDREN SCHOLARSHIP PROGRAM (SDG 4)



Ms. Rahib Asif is studying in BS Finance and Accounting from National University of Modern Languages, Rawalpindi (NUML) under WPTG Foundation's Scholarship Program. She has successfully passed her three semesters and now studying her 4th semester. She is also member of our Youth Network, we have found her very intelligent, confident and hardworking individual. We thank to Mr. Mark from Australia for supporting us in this regard.

WPTG FOUNDATION'S YOUTH VOLUNTEERS (SDG 8)



Ms. Jennifer Tony-Program Intern - BS Education



Mr. Aaron Rowan Bob: BS Leadership and Management Studies



Ms. Jalisha Naseem: BS Graphic Designing



Ms. Muskan Jamal: I.Com



Ms. Sara Azeem: BS International Relations

APPEAL FOR DONATIONS AND FUNDS! (SDG4)



WPTG FOUNDATION'S SCHOLARSHIP PROGRAMME

UNDERPRIVILEGED CHILDREN AND YOUTH IN NEED OF EDUCATION



JENNIFER TONY

Educational Level: Graduate
Annual Educational Expense: PKR 145,000 / \$1266 / Euros 920



YUBAB PERVEZ

Educational Level: Intermediate
Annual Educational Expense: PKR 345,000 / \$1266 / Euros 920



SEHAR AKRAM

Educational Level: Primary
Annual Educational Expense: PKR 225,000 / \$629 / Euros 642



ZAINAB NOOR

Educational Level: Primary
Annual Educational Expense: PKR 225,000 / \$629 / Euros 642



WPTG FOUNDATION'S SCHOLARSHIP PROJECT

UNDERPRIVILEGED CHILDREN AND YOUTH IN NEED OF EDUCATION



RAHIB ASIF

Educational Level: Graduate
Annual Educational Expense: PKR 145,000 / \$1266 / Euros 920



SULEMAN BAROON

Educational Level: Primary
Annual Educational Expense: PKR 200,000 / \$1041 / Euros 815



AARON ROWAN BOB

Educational Level: Intermediate
Annual Educational Expense: PKR 465,000 / \$1100 / Euros 1005



VERONICA AMIR

Educational Level: Primary
Annual Educational Expense: PKR 255,000 / \$1041 / Euros 815



WPTG FOUNDATION'S SCHOLARSHIP PROJECT

UNDERPRIVILEGED CHILDREN AND YOUTH IN NEED OF EDUCATION



ANAYA AMIR

Educational Level: Primary
Annual Educational Expense: PKR 265,000 / \$1041 / Euros 811



JESSICA ROBIN

Educational Level: Intermediate
Annual Educational Expense: PKR 225,000 / \$629 / Euros 642

Please Donate at:

Account Title : weaving people to grow foundation

Branch code :0041

Account No : 327313255

IBAN no : PK52UNIL0108000327313255

Swift code :UNILPKKA

Bank UBI

For further details please contact:

Ms. Kiran Peter, Executive Director, Weaving People to Grow Foundation

Email: kiran@wptgfoundation.org, wptgfoundation@yahoo.com

Website: <https://wptgfoundation.org/>

Tel: +92 3325929595

APPEAL FOR DONATIONS AND FUNDS! (SDG4)

WPTGF Non-Formal Education Centre

What We Offer to children:

- Free Primary Education for out of school children (Age 6-16)
- Promote Peaceful Coexistence
- Fostering social skills
- Creativity & Teamwork



Please Donate

Account Title :

Weaving people to Grow Foundation

Account No: 327313258

Bank : UBL

[https://wptgfoundation.org/;](https://wptgfoundation.org/)

[wptgfoundation@gmail.com;](mailto:wptgfoundation@gmail.com)

+923325929598, Lalkurti, Rawalpindi, Pakistan

